



Chamberlain School

Arden T. Litt Centre for Learning

Website: chamberlain.horizon.ab.ca

Facebook: @chamberlainschool/ATL

Instagram: @chamberlainschoolatl

NEWSLETTER - SEPTEMBER 2025

Principal's Message

Welcome to a new school year! I hope that everyone had an enjoyable and restful summer. We are looking forward to new learning opportunities, meaningful connections, and the many events that bring our school community together.

The school year begins with a school spirit week, September 2-5. Some highlights include black and yellow day and a welcome back barbecue for school families. All are welcome to join us this Thursday at 11:50. We will follow this with a Parent Advisory Meeting. All parents are invited to join. Parent involvement, whether it's volunteering, attending events, or supporting learning at home, makes a huge difference and we thank you for all the ways you contribute to building a supportive and thriving school community

Volleyball practice will also be starting next week at lunch times, with Mr. Visser coaching this year. It should be a great exhibition season and we hope to see many supporters at home games!

I also look forward to cheering on our teams, celebrating achievements big and small, and watching our students grow not only as learners, but also as caring and engaged members of our community. With the dedication of our staff, the enthusiasm of our students, and the support of our families, this year is sure to be an amazing one.

Please do not hesitate to reach out with any questions, concerns, suggestions, or anything else throughout the year. I look forward to seeing each of you!

Mrs. Van Ham

Staffing for the 2025/26 School Year:

Principal	Jaimie Van Ham
Early Learning/EA	Sheri Jonker
Kindergarten & Grade 1	Tina Wong
Grade 2 & 3	Kelsey Schalk
Grade 4 & 5, Bible	Jason Visser
Grade 6 & 7	Debbie Fetting
Grade 8 & 9	Tanner Kenney
Grade 10, 11 & 12	Marsha Johnson
Grade 10, 11 & 12	Ben Wiebe
Admin Assistant	Caroline Croymans
Library/Music/Speech	McKell Woodruff
German/Assistant	Nelly Froese
Assistant/Breakfast	Kim Fletcher
Assistant	Tracy Loewen
Family Wellness Coach	Carly Piper (Tuesday & Thursday)
School Liaison Counsellor	Alicia Yetman (Thursday)
Caretaker	Al Matthews, Helena & Maria Thiessen (CHA)
Caretaker	Judy Peters (ATL)

Bell Times

Warning Bell	8:25		
Announcements	8:30		
	Grades K - 5	Grades 6 - 9	Grades 10 - 12
Morning Recess	10:05 - 10:20		
Lunch	11:50 - 12:05	11:45 - 12:05	11:50 - 12:05
Lunch Recess	12:05 - 12:20	12:05 - 12:20	12:05 - 12:20
Afternoon Recess	1:50 - 2:05		
Dismissal	3:10		

Mornings

Please remember to dress for the weather. Students will remain outside until the doors open at 8:25.

Breakfast Program

We serve breakfast every morning starting at 8:15 am for all grades. Everyone is welcome to enjoy breakfast before school starts. Students will pick up breakfast and go back outside until 8:25 am.

Nutrition Program

A healthy snack is served each day at 11:45 am. Students will be provided with a small, cold snack to supplement their lunch. Please remember to send lunch with your child.

Welcome Back BBQ

We are having a Welcome back lunch on **Thursday, September 4 at 11:50 am.** We would like to invite all families to please come and enjoy lunch with all students and staff.

Terry Fox Walk

We are asking each student to bring a Toonie for Terry. Our annual Terry Fox Run/Walk is on **Thursday, September 25 at 2:05 pm.** Any students who collect donations will be entered in a draw to win a Terry Fox t-shirt. Family and friends are welcome to join as we walk on a designated path in Grassy Lake.

Picture Day

School Picture Day is on **Thursday, October 9** beginning at 8:45. Lifetouch photography will once again be taking our pictures.

Parent Advisory Council

The first meeting will take place after the Welcome Lunch on **Thursday, September 4.** Come by and hear what being in the PAC is all about.

The Chamberlain/ATL PAC is part of what makes our school special. It provides opportunities for students to grow, learn and engage in ways that would not be possible without the support of an active PAC. We need parents and guardians to be involved. It makes Chamberlain/ATL a better place!

Library

Mrs. Willms will be covering the library for the month of September.
Library hours:

Monday	8:30 - 11:30
Tuesday	8:30 - 2:00
Wednesday	8:30 - 2:00
Thursday	closed
Friday	closed



School Resource officer Cst. Blake McGregor introducing himself to the 6/7 class.

Date: August 27, 2025

Dear Parent/Guardian:

Horizon School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. To enhance safety and security, division protocol requires Violence Threat Risk Assessment (VTRA) training of School Administrators, Family School Liaison Counsellors and district staff in order to ensure a multi-disciplinary approach.

When students' behaviours pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Risk Threat Assessment (VTRA) Protocol helps Administrators take steps to protect students' well-being. The protocol helps schools respond quickly to worrisome behaviours and/or threatening incidents such as: possession of a weapon or a replica weapon, bomb threats or plans, verbal, written or electronic (internet, text) threats to kill or injure oneself or others or other threats of violence, fire setting.

The protocol requires trained school staff, division staff and community partners, as a team to complete an Assessment of Risk to Others (ARTO) in all cases where students make threats to harm others. The purpose of the ARTO process is to use the knowledge, skill and experience available to assess level of concern so that appropriate interventions can be identified to protect individuals from harm and to ensure a climate of safety in schools and the community. As noted above, a multi-disciplinary approach is used. Please be assured that the school team will be taking measures to deal with all known threats/high risk behaviors in a positive and proactive manner. If the school team invites you to a meeting to discuss safety concerns about your child, please be assured that our protocol is being followed and that the goal is safety.

The Southwest Alberta Regional VTRA Protocol outlines how a school responds immediately to threatening behaviour. The purpose of the VTRA protocol is to support students and their families in addressing these worrisome behaviours. We believe that students demonstrating such behaviours require a team to support them. Administrators may first bring together a School Threat Assessment Team, which ideally includes the Principal/Vice-Principal, a school-based clinician/jurisdictional lead, and police. If the situation is serious, the Principal may also consult with the Superintendent of Schools, and call in members of the Community Threat Assessment Team. This community team may include representatives of community agencies who work with us to keep our schools safe such as local police, children's mental health organizations or Human Services. Parents and guardians will be notified as soon as possible in the Stage I-VTRA process. If parents/guardians cannot be reached, or if they choose not to provide consent, but a concern for safety still exists due to threatening behaviour, the threat assessment may still proceed. Personal information shared throughout this process will respect and balance each individual's right to privacy with the need to ensure the safety of all.

As always, student safety is our first priority. If you have any questions regarding Horizon School Division, Southwest Alberta Regional VTRA Protocol, please contact Angela Miller at 403-634-9767 or angela.miller@horizon.ab.ca

Sincerely,

Jaimie Van Ham
Chamberlain School
Arden T. Litt Centre for Learning

The Horizon School Division is committed to creating and maintaining safe and caring school environments in which students, staff, parents, and others feel safe. Any threat of violence will not be tolerated by Horizon School Division schools.

Student Threat Assessment

Fair Notice and Process



horizon⁺
school division

6302-56 Street • Taber, AB • T1G 1Z9
Phone: 403-223-3547 Fax: 403-223-2999

Student Threat Assessment:



What behaviours initiate a Student Threat Assessment?

A Student Threat Assessment will be initiated when behaviours include, but are not limited to: serious violence or violence with intent to harm or kill, verbal/written threats to harm/kill others, Social Media/Technology generated threats to harm/kill others, hate incidents motivated by factors including, but not limited to, race, culture, religion and/or sexual and gender diversity, possession of weapons (any object that is used, or intended to be used, to threaten or harm another person, including replicas), bomb threats and fire setting.

Duty to Report

Often when we hear in the media about a violent incident, we learn that the individual of concern had made threats in advance of acting violently. To keep school communities safe and caring, staff, parents, students, and community members all need to act responsibly and report all threat-related behaviours and high-risk activities.

What is a threat?

A threat is an expression of intent to do harm or act out violently against someone or something. Threats may be verbal, written, drawn, posted on the Internet or made by gesture. Threats must be taken seriously, investigated, and responded to appropriately.



Horizon School Division Policy link:

<http://horizon.ab.ca/documents/general/IFC.pdf>

Go to www.horizon.ab.ca Click on "Board". Click on "Policy Manual." Click on "I-Students." Scroll down to policy code IFCl and click on this link to view the Threat Assessment Protocol.

Fair Notice and Process

What is a Threat Assessment Team?

A threat assessment team is a multi-disciplinary group of people which may include the Clinical Team Leader (CTL)/Psychologist, Principal, Family School Liaison Counsellor (FSLC) and Police. Other individuals may be included on this team as necessary.

What is the purpose of a Student Threat Assessment?

The purpose of a Student Threat Assessment is to complete an Assessment of Risk to Others (ARTO) in all cases where students make threats to harm others to:

- Ensure the safety of students, staff, parents, and others.
- Ensure a full understanding of the context of the threat.
- Begin to understand the factors that contribute to the individual of concerns' behaviour.
- Be proactive in developing an intervention plan that addresses the emotional and physical safety of the individual of concern.
- Promote the emotional and physical safety of all.

What happens in a Student Threat Assessment?

The Process:

- All threat making behaviour(s) by a student(s) shall be reported to the principal who will activate the protocol for the initial response.
- Once the multi-disciplinary team has been activated, interviews may be held with the student(s), the threat maker, parents, and staff to determine the level of risk and develop an appropriate response to the incident.
- As part of the threat assessment process, information will be collected from online sources and obtained from open-source sites.
- Intervention plans will be developed and shared with parents, staff and students as required.

If you have further questions, please contact our Threat Assessment Leader (CTL) Angela Miller at 403-634-9767



Can I refuse to be a part of the Student Threat Assessment process?

It is important for all parties to engage in the process. However, if for some reason there is a reluctance to participate in the process, by the individual of concern or parent/guardian, the threat assessment process will continue in order to ensure and restore a safe and inclusive learning environment for all.

Horizon School Division

Mission Statement:

Engaging and Empowering all Learners.

Vision

Students will gain the knowledge and skills to be contributing citizens and the desire to develop as life-long learners.

Statement of Values

Horizon is a learning community that values

- continual improvement
- inclusion and respecting diversity
- fostering effective relationships
- welcoming, caring, respectful, and safe learning environments
- collaboration
- accountability



horizon^h
school division

6302-56 Street

Taber, Alberta T1G 1Z9

Phone: 403-223-3547

Fax: 403-223-2999

www.horizon.ab.ca



TERRY FOX WALK

OUR SCHOOL WILL BE HOSTING OUR
ANNUAL TERRY FOX WALK ON
THURSDAY, SEPTEMBER 25 @ 2:05 PM
FAMILY AND FRIENDS
ARE WELCOME TO JOIN US

****WE ARE COLLECTING TOONIES FOR TERRY****

THANK YOU FOR YOUR SUPPORT!



FINISH IT.

TERRY FOX SCHOOL RUN

Run Organizer Instructions - Collecting Tshirt Orders

Use this form to collect total numbers/sizes of shirts for your bulk order.

Step One: Fill in your order due date and instructions regarding payment below.

Step Two: Copy and distribute this form to students to collect orders.

Step Three: Once you have collected all orders, enter the total # of each size on the attached bulk order form for your record, and then submit order online at terryfoxschoolrun.org/shop.

STUDENT ORDER FORM 2025 TERRY FOX T-SHIRTS

Orders Due Date:

Payment Instructions:

Parents/Caregivers: Complete the section below and return to your child's teacher with payment as per instructions indicated.



Front

Back

Shirt Colour/Language:
Black/English or French.
100% cotton, crew neck tee.

This year's limited-edition 45th anniversary tshirt features the Finish It logo—symbolizing our shared commitment to help finish Terry's marathon against cancer.

On the back of the shirt, Terry runs ahead— seen from behind, leading millions across Canada to carry forward his fight against cancer.

(All sales are added to your school's fundraising total)

Student Name:

.....

Teacher Name:

.....

Room #/Grade:

.....

Youth Shirts \$25

6X (XS) W: 16"/L: 20.5"

8 (S) W: 17"/L: 22"

10 (M) W: 18"/L: 23.5"

Qty (ENG)

Qty (FR)

Adult Shirts \$30

Small W: 18"/L: 28"

Medium W: 20"/L: 29"

Large W: 22"/L: 30"

XL W: 24"/L: 31"

XXL W: 26"/L: 32"

Qty (ENG)

Qty (FR)

Total enclosed

\$

Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.

You can participate in this free service* just by sending a text message of “Y” or “Yes” to our school’s short code number.

For **CANADA-BASED** numbers: **978338**

You can also opt out of these messages at any time by simply replying to one of our messages with “Stop”.



**if your number is Canada-based.*

SchoolMessenger is compliant with the Student Privacy Pledge™, so you can rest assured that your information is safe and will never be given or sold to anyone.

**Opt-In from
your mobile
now!**



**Just send “Y” or
“Yes” to
978338.**

(For Canada-based numbers).

*Terms and Conditions – Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/txt for more info.

English Language Services

**WANT TO DEVELOP YOUR ENGLISH READING, WRITING,
LISTENING AND SPEAKING SKILLS?**

We offer introduction to English classes that will guide you to become comfortable with letters, numbers, writing and having conversations. Classes to improve reading and writing are also provided. You will learn how to make appointments, speak to health professionals, fill out forms and more!

CHILDCARE IS PROVIDED FOR AGES 18 MONTHS - 5 YEARS OLD



Morning

LADIES ENGLISH CLASSES

Location: Grassy Lake
Chamberlain School

Time: 8:30 A.M.-11:30 A.M.

Date: Mondays and Wednesdays
Oct 6-Dec 15, 2025
no class Monday, Oct 13

\$75.00



*Taber Adult
Learning*

**To register or for more information, contact us
at (403)-223-1169 OR stop by our office!
5011 49 Ave, Taber Provincial Building**

HEALING HEARTS FAMILY RECOVERY



Support Group Info Night

Hi! I'm Joanne. I created a support group to help families that have a loved one struggling with addiction - I provide tools and strategies that can help encourage your loved one toward positive change, guiding families from chaos to hope. If you're curious about the group, or would like to get to know me, I hope you'll come say hi:

WHEN: September 18th at 6:30pm

WHERE: Taber Public Library



Discover new ways to initiate positive change

Joanne Feist | healingheartswithjo.com

Canadian Dental Care Plan

Accessible. Affordable. Essential.



Eligibility

To qualify, you must:

- ✓ not have access to dental insurance
- ✓ be a Canadian resident for tax purposes
- ✓ have an adjusted family net income of less than \$90,000
- ✓ have filed your tax return in the previous year

The Canadian Dental Care Plan (CDCP) will help make the cost of dental care more affordable for up to

9 million

eligible Canadian residents.

Oral health care is important to your overall health and well being. Regular visits reduce the risk of health problems.

In 2022, 1 in 4 Canadians reported avoiding visiting an oral health professional due to the cost. Every Canadian deserves accessible, affordable and essential dental care.



How to apply

Eligible Canadians of all ages can now apply for the CDCP.

You must meet all 4 eligibility requirements before applying.

Eligible Canadians can apply online at Canada.ca/dental, by calling 1-833-537-4342, or by visiting a Service Canada Centre.



For more details on the CDCP and eligibility criteria, visit Canada.ca/dental.



Government
of Canada

Gouvernement
du Canada

Canada



Nutrition Times

South Zone Healthy Eating Newsletter

September 2025 Nutrition Services

Spend less, stress less, nourish more



Fueling our children with the right kind of foods and drinks is essential for both mental and physical health and can have a direct impact on their immune system and their ability to learn and play.

With grocery costs on the rise, the balance between nourishment, time, and cost can become increasingly challenging. So, what can we do to shift the balance in our favour?

Your Guide to Fuel Healthy Futures

Canada's Food Guide is a fantastic tool for creating nutritious meals and snacks. This snapshot shows the proportions and types of foods that we can incorporate into our diets to ensure we are fueling our bodies well.



Make water
your drink
of choice.

For more ideas for kid-friendly recipes, tips for safely storing food, information on reading food labels, and more, check out the Canada's Food Guide [website](#).



Shopping Seasonally



Taking advantage of seasonal produce is a great way to stretch your budget. When your favourite veggies and fruits aren't in season, utilize frozen or canned options!

Try these items this fall:

- **Squash and pumpkins**
 - Try these freezer-friendly [no bake bites](#)!
- **Apples, grapes, and pears**
 - Nature's fast food, easily packed in a lunch.
- **Carrots, and potatoes**
 - Carrot sticks are a great crunchy addition to lunches!
 - Use leftover potatoes to make [potato pancakes](#) to freeze and use for lunches.
- **Cabbage, kale, and broccoli**
 - Add kale to this [creamy smoothie recipe](#).
 - Bake and freeze these [savory broccoli and cheese muffins](#)
 - Shred your cabbage and add to wraps, salads, bowls, and more!

When shopping for pre-packaged foods like granola bars, crackers, or cereals, check the nutrition facts table or look for [front-of-package labelling](#) and choose options that are lower in saturated fat, sodium, and sugar.

Time-saving Tips



Just like our grocery budget, our time is a valuable resource. These tips can help balance your time, budget, and nutrition.



Ingredient Prepping

Ingredient prepping follows the same idea as meal prepping, but it allows for more meal variety. By washing and chopping vegetables like lettuce and peppers, and cooking and slicing chicken in advance, putting together wraps, salads, and sandwiches can be done with ease.



Get the Kids Involved

Giving children the chance to help prepare their own lunch and snacks saves you time, encourages them to try new foods, and teaches them new cooking skills

- Have fridge/pantry bins with [healthy snack options](#) for them to choose from.
- Let them build their own lunches from prepared ingredients using the [Lunch Generator](#) tool.
- Find more lunch and snack ideas in our full [resource list](#) for parents of school-aged kids.

Frugal Fares



Eating well doesn't have to break the bank. These tips can help you maintain a balanced plate on a balanced budget.



Plant-based Proteins

Plant-based proteins like lentils and beans are nutritious, cost-effective, and great on their own or mixed with meat to cut costs.

One easy way to incorporate more plant-based protein into your diet is through making this [Beans & Rice Master Mix](#) which can be made in a variety of dishes like these freezer-friendly [bean burritos](#).



Plan Ahead

Save more by utilizing the same ingredients across multiple meals. Choose recipes with fewer or overlapping items, like these ["10 ingredients or less" recipes](#).

Repurposing leftovers for lunches is a great way to reduce your costs and food waste. Visit [here](#) for a variety of ideas.

Buying in bulk, freezing day-old whole grain breads, batch baking and freezing homemade muffins, purchasing generic brands or discounted products, and looking for "imperfect" produce are all strategies to remember when creating your grocery list.

Upcoming Events & Classes

We offer classes on a variety of topics like [Healthy Eating for Pregnancy](#), [Feeding your baby \(0-12 months\)](#), [Feeding your child \(1-5 years\)](#), and [Preventing or managing chronic disease](#). For a complete list of workshops that are available anywhere in the province, click [here](#).

Contact

Have questions? Contact your local Registered Dietitian at Community Health Services:

Medicine Hat 403-502-8200
Brooks 403-501-3300
Lethbridge 403-388-6666

For more information on this or other nutrition topics, go to:

www.healthyeatingstartshere.ca



**Alberta Health
Services**

Questions? Email us at publichealthnutrition.southzone@ahs.ca

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day NO SCHOOL	2 Black & Yellow Day	3 Chalk Drawing Day	4 Assembly @ 11:20 BBQ lunch @ 11:50 am PAC meeting after lunch	5 Monochromatic color day (wear one color)	6
7	8 First Day of Early Learning Literacy Day Mennonite Heritage Week	9	10	11	12	13
14	15	16	17	18	19 NO SCHOOL	20
21	22	23	24	25 Terry Fox Walk @ 2:05	26	27
28	29	30 NO SCHOOL National Day for Truth and Reconciliation Orange Shirt Day				

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 World Teacher's Day	6	7	8	9 Lifetouch Picture Day	10 NO SCHOOL	11
12	13 NO SCHOOL Thanksgiving Day (regional holiday)	14 NO SCHOOL - PD day	15	16 My City Care & FCSS Clothing Fest	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31 NO SCHOOL	